

Thurston County Opioid Response Task Force

March 2, 2020 from 3:00pm-5:00pm

Thurston County Public Health & Social Services Department

412 Lilly Road NE, Room 107A,B,C

AGENDA

Description	Action Steps/Items
Welcome / Review Minutes / Review Agenda	Katie Strozyk welcomed the group and noted that both Schelli Slaughter and Jon Tunheim apologized for being unable to attend the meeting due to schedule conflicts. Katie asked members to introduce themselves. Changes were noted for the January Minutes and were approved, and the March 2 nd Agenda was approved without updates.
Work Group Updates	<p>Written updates from each work group were provided to the Task Force by Katie Strozyk. These updates were provided by work group leads to detail the progress made between January and March. Katie Strozyk gave a high-level overview of major accomplishments and projects underway in each group:</p> <ul style="list-style-type: none">- Criminal Justice<ul style="list-style-type: none">• Both the Thurston County Prosecutor's Office and Public Health & Social Services submitted applications to obtain grant funding to develop a Law Enforcement Assisted Diversion (LEAD) program and are currently in the midst of the review process. Olympia Police Department also submitted an application for LEAD funding. More details will be announced at the next meeting, pending the notification of a funding allocation decision.- Data<ul style="list-style-type: none">• The next meeting will be focused on exploring the research project that is being conducted by the Olympia Bupe Clinic through a successful application for grant funding. Meta Hogan elaborated that the contract with the grantor is still being finalized and that the evaluation partner for the research project is University of Washington. She noted that the research project will explore the impact of Peers on treatment services, specifically buprenorphine treatment, and could add to the treatment evidence base.- Naloxone<ul style="list-style-type: none">• Narcan kits have been purchased by Public Health & Social Services for distribution to the public and to train agencies who may have an opioid related overdose occur on their premises. More details will be provided about this program later in the meeting.- Prevention<ul style="list-style-type: none">• Funding has been obtained to support community education on safe medication storage. Mary Ann O'Garro elaborated that the funding amount is unknown at this time and that safe storage education and interventions are complex to plan since there is not one single approach (target populations have different needs: children, adolescents, seniors, etc.)

	<ul style="list-style-type: none"> - Pregnant & Parenting <ul style="list-style-type: none"> • The main focus has been around breastfeeding practices and messaging as there is not one single consistent practice recommendation or messaging for breastfeeding individuals who use drugs. Gretchen Thaller said that there has been an emphasis on connecting with treatment providers and that the treatment providers which have been connected with seem to lack any intake questions regarding family planning topics. - Treatment <ul style="list-style-type: none"> • There has been significant progress made towards planning a community event for May/June, in coordination with the Naloxone Work Group as well as with other partners. An event for Overdose Awareness Day being planned for August 31 at Heritage Park, in coordination with similar partners as the community education event
Washington State Opioid Response Plan Information & Updates	<p>Kris Shera, State Opioid Coordinator at Washington State Health Care Authority, presented on current State efforts towards a Medicaid grant opportunity (Roadmap to Recovery) as well as the revision process of the Washington State Opioid Response Plan.</p> <ul style="list-style-type: none"> - Washington State Opioid Response Plan <ul style="list-style-type: none"> • Plan is currently in the revision period and will be open for public comment in April (tentative timeline). It is being revised to incorporate all drugs, rather than only opioids, with the anticipation of funding sources expanding to include additional substances in their allowable expenditures (specifically methamphetamine). Part of the revision of the Plan is to explore how the Plan can be communicated more widely across the community in order to further broadcast the efforts which are underway in addressing substance use. There will be a new goal specifically addressing recovery supports and services, which was not included in the original Plan. Health Care Authority is hoping to increase user friendliness of the Plan, by adding descriptions and interactive links to the electronic version of the Plan. - Roadmap to Recovery <ul style="list-style-type: none"> • Grant opportunity from Centers for Medicaid & Medicare Services (CMS) with two distinct phases. Washington was awarded the opportunity to move forward with Phase I, which is an 18-month planning and research grant (starting October 2019) for substance use treatment and recovery services. Phase I will move forward in multiple stages, including: stakeholder engagement, evaluation of non-pharmacological treatment interventions, and development of an alternative payment model for recovery support services. The final draft plan for Phase I is due March 2021. If Washington is selected for Phase II, based on the Phase I application, there will be a 36-month demonstration project to implement new service delivery methods developed through the research completed during Phase I. Phase II may include enhanced federal reimbursement for increases in Medicaid expenditures for SUD treatment and recovery support services, and 5 states will be chosen to implement projects in Phase II. <p>For additional information regarding the Washington State Opioid Response Plan or the Roadmap to Recovery planning grant process, please contact Kris Shera at kris.shera@hca.wa.gov</p>

Naloxone: Training & Opportunities

Katie Strozyk explained that there are various types of distribution of naloxone – a drug which can be used during an in progress opioid related overdose to prevent the overdose from becoming fatal. Katie explained that there are 3 manners in which an agency or business generally possesses naloxone:

- Available on-site for employees or volunteers to response in the event of an opioid related overdose
- Distribution exclusively to participants who are actively engaged in specific agency programming
- Distribution to the public, with no requirements around program participation or enrollment in services

Katie Strozyk explained that Public Health & Social Services recently purchased Narcan kits (naloxone in a pre-dosed nasal spray unit for administration) to distribute to agencies and businesses under the first category, with the intention that the kits will be used to respond by agency affiliated individuals in the event of an opioid related overdose (and not distributed to the public). Mary Ann O’Garro went into detail about the program being offered, emphasizing that it is a new opportunity to have naloxone available in the community on a wider basis. Mary Ann mentioned that beyond naloxone saturation, this opportunity is especially exciting because it allows the opportunity for conversations to occur to educate about opioid overdose response and naloxone administration, specifically with community partners who may not explore obtaining naloxone otherwise.

Mary Ann O’Garro described the opportunity being offered by Public Health & Social Services around opioid overdose education and naloxone distribution. The opportunity is available for any agency or business in Thurston County who serves or comes into contact with the general, specifically with individuals who may be at risk for experiencing an opioid overdose, with an emphasis on agencies who conduct outreach-based services.

For interested agencies who meet the above criteria, a training is scheduled their employees and/or volunteers. At this training, which lasts approximately 30 minutes, a Public Health & Social Services staff member (Katie Strozyk, Kateri Wimsett, or Monica Miley) share a PowerPoint presentation and share information on how an opioid overdose occurs, risk factors, how to recognize an overdose, what naloxone is, and how to respond in the situation of a potential opioid related overdose when administering naloxone.

At the completion of the training, the agency is given no less than 2 “Naloxone Rescue Kits” (number of kits supplied varies based on type of agency, frequency of public contact, and likelihood of an on-site opioid related overdose, etc.). Each Naloxone Rescue Kit contains: 1 box of Narcan (containing 2 pre-dosed nasal spray units of naloxone), latex gloves, a tri-fold with information on opioid related overdoses, a step-by-step guide on how to respond to an opioid related overdose, information about RCW 69.50.315 – the Good Samaritan Act (regarding protections for those calling 911 and those administering naloxone), and contact information for who to reach when the naloxone kit has been used and needs to be replaced.

Mary Ann O’Garro discussed having proactive positive community engagement through conversations around naloxone and overdose awareness. By increasing the number of conversations being had around such subjects, especially outside of traditional settings where such conversations are already commonplace. By introducing these discussions and increasing the amount of naloxone kits in the community (both at the personal and organizational level), the stigma surrounding naloxone is addressed and the narrative can be changed to portray naloxone as a basic first aid tool which everyone should be educated on how to administer in response to a potential opioid overdose.

	<p>Mary Ann explained how she reached out to ESD113 with the opportunity for an overdose education and naloxone administration training to be offered to their staff, with naloxone kits being provided for school use at the training. ESD113 expressed interest in such opportunity, and the training session will be scheduled with Public Health & Social Services for later this spring. Naloxone Rescue Kits will be provided for all interested schools upon completion of the training.</p> <p><i>Please review the attached document for additional information – “Community Overdose Education Naloxone Rescue Kit Training”</i></p>
Membership Updates / Funding & Partnership Opportunities	<p>The following updates were shared during the roundtable:</p> <ul style="list-style-type: none">• Katie Strozyk will be presenting to the Thurston County Board of Health on the status of the Task Force and an overview of the progress thus far. All individuals who participate in the Task Force or any of the work groups are encouraged to attend the presentation: March 10, 2020 at 3:30 pm in Building 1, Room 269 at the Thurston County Courthouse (2000 Lakeridge Drive SW, Olympia)• Patrick O’Conner shared that 50 people were booked on Unlawful Possession of a Controlled Substance charges at Thurston County Jail in January• The Olympia Bupe Clinic is officially exceeding participant capacity on a nightly basis and Meta Hogan said that they are actively exploring options for additional physical space to meet the growing needs of the Clinic• There is an open community brainstorm to inform the upcoming budget for Treatment Sales Tax funding (managed by Public Health & Social Services), with all submissions due April 10, 2020. For more information, contact Carrie Hennen at carrie.hennen@co.thurston.wa.us• The Medications for Opioid Use Disorder Provider Group’s next meeting is March 28, 2020 from 9:00 am – 10:30 am and will be hosted via webinar. Contact Sara Rainer (rainers@crhn.org) or Hallie Cranos (hcranos@crisisconnections.org) to be added to the meeting listserv.• Washington Recovery Helpline has added Sublocade (once-monthly extended-release buprenorphine) to their online Medications for Opioid Use Disorder (MOUD) Locator tool• Cascade Pacific Action Alliance has an upcoming webinar on Opioid Safety for Front Office Staff on March 10, 2020 from noon – 1:00 pm. Contact Sara Rainer at rainers@crhn.org for registration details.• Family Support Center has open spaces in shelter for families who are fleeing domestic violence situations• Irene Hauzinger provided information about the \$1.15 million-dollar grant awarded to St. Martins University by the US Department of Health and Human Services for the Saints Opioid Workforce Expansion Program (SOWEP). This program will provide funding for students to participate in paid community-based experiential internships and establish a mobile clinic for students to provide preventative care and education within the broader community.• Traffic Fine Amnesty Day is April 11, 2020 at 9:30 am (Rochester School District Office, Board Room - 10140 Highway 12 SW, Rochester) and April 23, 2020 at 3:00 pm (Olympia Municipal Court - 900 Plum St SE, Olympia). Amnesty Day is a chance to have traffic ticket fees removed from collections and reduced or converted to community service. You must pre-register with your full name and date of birth via email to LFODay@co.thurston.wa.us

	<ul style="list-style-type: none"> An event for Overdose Awareness Day will be held on August 31, 2020 at Heritage Park. Planning is now underway for the event, please contact Katie Strozyk at katie.strozyk@co.thurston.wa.us if you would like to be involved in the planning process
Schedule & Next Steps	<p>Next Task Force meeting: May 4, 2020 from 3:00 pm- 5:00 pm. Thurston County Public Health & Social Services 412 Lilly Road NE, Olympia Room 107 A,B,C</p> <p>If you are interested in additional information regarding the Thurston County Opioid Response Task Force, would like to join a work group, or have further questions – please contact Katie Strozyk at katie.strozyk@co.thurston.wa.us or (360) 878-1261</p>

ATTENDEES

Name	Agency
Bohannon, Amanda	Nisqually Tribal Health Department
Cohan, Cody	Family Support Center
Cranos, Hallie	WA Recovery Help Line
Dahlhoff, Leatta	City of Tumwater
Grande, Cindy, MD	Pioneer Practice / Olympia Bupe Clinic
Hardin, Kurt	Medic One
Hauzinger, Irene	St. Martin's University
Hennen, Carrie	Public Health & Social Services
Hogan, Meta	Capital Recovery Center/Oly Bupe Clinic
Jefferson, Larry	Public Defense
Knudson, Jessie	Prosecuting Attorney's Office
List, Alissa	Thurston County Parks & Rec
Miley, Monica	Public Health & Social Services
O'Connor, Patrick	Public Defense
O'Garro, Mary Ann	Public Health & Social Services
Perez, Carrin	St. Martin's University
Pierce, Krystal	Capital Recovery Center/Oly Bupe Clinic
Rainer, Sara	Cascade Pacific Action Alliance
Ritchie, Samantha, MD	Prescriber at Oly Bupe Clinic / Retired
Shera, Kris	WA State Health Care Authority
Strozyk, Katie	Public Health & Social Services
Terry, Priscilla	Community Member
Thaller, Gretchen	Public Health & Social Services
Winstead, Teresa	St. Martin's University